



# The Asheville Duathlon, 10K Trail Run, Gravel Grinder Bike Race & Du 4 Kids

Biltmore Estate, Asheville, NC • September 11, 2016

7:45 am Sunday Sunny 67°F



## Gravel Grinder Overall Results

### Gravel Grinder 20 Mile

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Chip Time</u>
1	Brad Campbell	Fairview NC	1230	58	M	1:20:51.9
2	Michael Burnett	Magnolia OH	1229	58	M	1:22:06.5
3	Donald Cox	Raleigh NC	1232	47	M	1:22:52.0
4	Jaimee Johnsen	Fairview NC	1247	39	F	1:26:34.6
5	Samantha Sachs	Asheville NC	1268	29	F	1:28:33.4
6	Elizabeth Harrison	Brevard NC	1241	37	F	1:30:42.4
7	jarrod melancon	asheville NC	1255	38	M	1:33:24.3
8	Andrew Knoblich	Charlotte NC	1250	31	M	1:36:43.6
9	Marilyn Senz	Fletcher NC	1278	55	F	1:37:18.6
10	Linda Martin	Arden NC	1254	59	F	1:37:50.7
11	Marshall Dent	Florence SC	1279	55	M	1:39:47.2
12	Matthew Streckert	Louisville KY	1269	38	M	1:39:52.3
13	Maylynn Oswald	Atlanta GA	1259	30	F	1:40:37.5
14	shannon davis	Asheville NC	1236	44	F	1:42:01.9
15	Cole Woodson	Pisgah Forest NC	1277	10	M	1:46:39.2
16	Brad Woodson	Pisgah Forest NC	1276	40	M	1:46:39.3
17	Kristen Cox	Raleigh NC	1233	46	F	1:48:10.5
18	Matthew Reckinger	Saluda NC	1265	30	M	1:51:25.3
19	Tracie Hollifield	Candler NC	1242	43	F	1:51:29.8
20	Mimi Hunt	Seneca SC	1245	56	F	1:53:02.8
21	Ralph O'Neal	Cary NC	1258	55	M	1:54:54.8
22	Michael Boyd	Durham NC	1228	28	M	1:57:56.5
23	Amanda Boyd	Durham NC	1227	28	F	1:57:56.6
24	Amy Redmond	Charlotte NC	1267	42	F	1:58:07.2
25	Michelle Kuhnen	Arden NC	1251	27	F	1:58:37.9
26	Clarissa Powell	Anderson SC	1262	27	F	1:59:07.2
27	Brian Craig	Black Mountain NC	1234	46	M	1:59:40.2



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28	Ken Hunt	Seneca SC	1246	55	M	2:01:35.1
29	Jackie Wait	Hendersonville NC	1272	46	F	2:02:09.0
30	Andrea Langdon	Cheraw SC	1252	28	F	2:03:52.6
31	cheryl harrington	pisgah forest NC	1240	35	F	2:06:26.3
32	Stacy Hudgins	MARION NC	1243	27	F	2:09:20.1
33	Amy Hudgins	MARION NC	1244	44	F	2:09:20.3
34	jessica guffey	flat rock NC	1239	34	F	2:14:45.0
35	Robin Proctor	Lake Lure NC	1264	56	F	2:15:57.3
36	James Proctor	Lake Lure NC	1263	59	M	2:15:57.6
37	Bradley Norton	Tamassee SC	1256	56	M	2:20:14.2
38	Lori Norton	Tamassee SC	1257	51	F	2:20:15.6
39	Peter Alberice	Asheville NC	1226	63	M	2:21:43.9
40	Kristine Freeman	Arden NC	1238	49	F	2:26:24.2
41	Shauna Heavner	Vale NC	1280	42	F	2:28:20.0
42	DAVE CURRENCE	ASHEVILLE NC	1235	65	M	2:34:34.9
43	Frank Cherry	Asheville NC	1231	38	M	2:37:31.7
44	Donny Ducker	Arden NC	1237	52	M	2:37:31.8
45	Avery Jones	Arden NC	1248	41	F	2:38:56.4
46	Jeff Wait	Hendersonville NC	1273	49	M	3:01:14.9
47	Jacob Watkins	Charlotte NC	1274	29	M	3:06:45.0
48	Brandon Luther	Canton NC	1253	29	M	3:06:45.4
49	Haley Watkins	Charlotte NC	1275	31	F	3:06:47.4
50	Heather Nikki Parton	Canton NC	1260	22	F	3:06:47.7
51	Blair Troutman	Monroe NC	1270	29	M	3:06:58.2
52	Erin Troutman	Monroe NC	1271	28	F	3:06:58.3

## Gravel Grinder 40 Mile

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Chip Time</u>
1	Jimmy Awad	Kernersville NC	1302	25	M	2:05:51.4
2	James Martin	Arden NC	1327	56	M	2:13:51.5
3	Timothy Hopkin	Flat Rock NC	1350	48	M	2:18:54.5



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4	Tim Riddle	Burlington NC	1333	56	M	2:19:11.5
5	Laura Rice	Fletcher NC	1361	31	F	2:20:12.5
6	wes wiseman	Asheville NC	1348	52	M	2:26:54.4
7	Eric Johnston	Hendersonville NC	1325	64	M	2:27:55.8
8	jeff dalton	Asheville NC	1352	57	M	2:30:29.9
9	Fletcher Riddle	Burlington NC	1334	19	M	2:34:43.4
10	Matthew Torrence	Knoxville TN	1345	28	M	2:35:04.9
11	Steven Covert	Arden NC	1309	54	M	2:35:23.8
12	scott Pegram	Winston Salem NC	1329	51	M	2:36:09.3
13	Michael Campbell	Greenville SC	1307	44	M	2:38:15.2
14	Gerald Cotton	Asheville NC	1349	51	M	2:38:22.4
15	Jeff Harrison	Hickory NC	1319	42	M	2:44:11.1
16	joshua wong	asheville NC	1351	17	M	2:46:59.7
17	Connor Smith	Asheville NC	1341	13	M	2:47:17.4
18	John Smith	Asheville NC	1340	43	M	2:47:17.7
19	Molly Russell	Atlanta GA	1335	27	F	2:47:24.7
20	Zachary Holmes	Atlanta GA	1359	28	M	2:47:25.0
21	Tracey Drews	asheville NC	1312	56	F	2:50:11.8
22	Herb Freeman	Arden NC	1313	46	M	2:54:43.9
23	James Bound	Fairview NC	1354	43	M	2:55:06.6
24	Brian Gualano	Asheville NC	1318	49	M	2:55:24.1
25	Amy Carver	Charlotte NC	1357	45	F	2:56:04.2
26	Chad Holt	Brevard NC	1322	42	M	3:05:38.4
27	Brian Struchen	Charlotte NC	1344	41	M	3:07:01.8
28	Joe Cross	Oneida TN	1310	61	M	3:07:40.4
29	Charisma Arbogast	Brevard NC	1301	38	F	3:10:18.0
30	Hesper Dickson	Brevard NC	1311	43	F	3:10:18.2
31	Hank Birdsong	Cedar Mountain NC	1303	62	M	3:10:18.5
32	Chris Burl	Knoxville TN	1306	41	M	3:12:47.1
33	Heidi Sherman	Asheville NC	1339	64	F	3:13:00.6
34	Sid Border	Asheville NC	1304	48	M	3:14:06.2
35	Paul Reeves	Asheville NC	1331	53	M	3:14:14.9
36	Jenn Armen	Hendersonville NC	1355	55	F	3:17:31.2



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37	Wendy Coin	Asheville NC	1308	53	F	3:22:14.7
38	Jeannette Steppan	Mooresville NC	1342	58	F	3:27:12.7
39	Rebecca Graves	Knoxville TN	1314	38	F	3:30:12.1
40	Phil Graves	Knoxville TN	1315	52	M	3:30:12.2
41	Stephanie Holt	Brevard NC	1321	40	F	3:35:00.9
42	Matthew Gruber	Asheville NC	1317	33	M	3:36:48.4
43	Leah Pelfrey	Rochester Hills MI	1330	46	F	3:40:30.9
44	John Richards	Mooresville NC	1332	41	M	3:51:28.6
45	Jennifer Senos	Mooresville NC	1337	37	F	3:51:31.1
46	scott stetson	Asheville NC	1343	44	M	3:53:56.2
47	George Hatcher	Fayetteville NC	1320	60	M	4:00:34.1
48	jeff paul	Asheville NC	1353	54	M	4:00:52.7
49	Renee Williams	Darlington SC	1346	49	F	4:05:26.1
50	Anita Humphries	Lancaster PA	1323	58	F	4:18:54.8
51	John Humphries	Lancaster PA	1324	59	M	4:18:55.2

## Gravel Grinder 60 Mile

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Chip Time</u>
1	Jimm McElroy	Weaverville NC	861	36	M	3:04:31.1
2	Matthew Martz	Chapel Hill NC	859	32	M	3:15:46.3
3	Lee Duncan	Cary NC	854	41	M	3:15:46.6
4	Brad Messenger	Asheville NC	862	35	M	3:18:23.2
5	Thomas Smith	Etowah NC	870	41	M	3:18:57.7
6	Jasen Taylor	mooreville NC	871	41	M	3:29:47.1
7	Thomas Gee	Paris TN	855	64	M	3:31:42.6
8	gary w jackson	asheville NC	857	62	M	3:34:42.1
9	Jonathan Marshall	Huntersville NC	858	44	M	3:42:49.8
10	Mark Monroe	Harrisburg NC	864	52	M	3:48:29.9
11	Matthew Mihacsi	Southern Pines NC	863	33	M	3:58:24.0
12	Greg Combs	Southern Pines NC	875	57	M	3:58:34.5
13	Richard Wiegert	Southern Pines NC	874	52	M	3:59:18.6



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14	Laura Calvin	Concord NC	851	41	F	4:00:35.7
15	Neil Myers	Eutawville SC	865	52	M	4:13:28.0
16	Robert Chambers	Calhoun Falls SC	852	60	M	4:17:24.3
17	Melissa Hall	Southern pines NC	856	51	F	4:26:12.7
18	Molly Sandfoss	Marion NC	869	49	F	4:31:43.8
19	David Pelfrey	Rochester Hills MI	866	51	M	5:12:49.4