



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



5K and 10K Overall Results

5K

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Ethan Doherty	Asheville NC	101	25	M	1 Top Fin	16:31.0	5:20/M
2	Ricky Babaoff	10 Woodfin St. NC	161	38	M	2 Top Fin	17:56.0	5:47/M
3	Dylan Christopher	Fletcher NC	237	15	M	3 Top Fin	20:21.9	6:34/M
4	Woody Greene	Etowah NC	264	11	M	1 0-14	20:47.2	6:42/M
5	Thad McNeil	Fletcher NC	7	15	M	1 15-19	21:06.2	6:48/M
6	Brandon Padilla	East Flat Rock NC	230	14	M	2 0-14	21:54.5	7:04/M
7	David Goldstein	Fletcher NC	135	39	M	1 35-39	22:03.0	7:07/M
8	Austin Bates	Fletcher NC	71	14	M	3 0-14	22:13.2	7:10/M
9	Leilani Darnell	Hendersonville NC	145	13	F	1 Top Fin	22:13.7	7:10/M
10	Brian Yanik	Asheville NC	175	18	M	2 15-19	22:32.7	7:16/M
11	Philip Taylor	Fletcher NC	268	33	M	1 30-34	22:46.5	7:21/M
12	Nestor Lopez	Hendersonville NC	193	15	M	3 15-19	22:58.0	7:25/M
13	Madeline Duchesne	Hendersonville NC	184	13	F	2 Top Fin	23:00.4	7:25/M
14	Connor Hovendon	Hendersonville NC	238	14	M	4 0-14	23:04.8	7:26/M
15	Don Goden	Brevard NC	246	64	M	1 Top Fin	23:05.4	7:27/M
16	Jackson Duchesne	Hendersonville NC	185	11	M	5 0-14	23:08.3	7:28/M



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17	Kevin Wimbish	Arden NC	73	36	M	2 35-39	23:51.8	7:42/M
18	Henry Ryea	Greenville SC	120	51	M	1 50-54	24:01.5	7:45/M
19	Eric States	Hendersonville NC	289	43	M	1 40-44	24:11.2	7:48/M
20	Rainier Finley	Atlanta CA	104	6	M	6 0-14	24:16.8	7:50/M
21	Bryan Melton	Hendersonville NC	90	51	M	2 50-54	24:26.5	7:53/M
22	Nathan Wait	Hendersonville NC	88	14	M	7 0-14	24:45.9	7:59/M
23	Sean Bailey	New York City NY	59	56	M	1 55-59	24:49.2	8:00/M
24	Ryan Ashlock	Charlotte NC	281	40	M	2 40-44	24:53.1	8:02/M
25	Brad Greene	Etowah NC	263	41	M	3 40-44	24:57.0	8:03/M
26	Chilton Curwen	3 Ramoth Asheville NC	239	13	M	8 0-14	24:58.5	8:03/M
27	Dan Passarelli	Candler NC	29	58	M	2 55-59	24:59.9	8:04/M
28	John Hovendon	Hendersonville NC	236	48	M	1 45-49	25:04.2	8:05/M
29	Robert Lane	Hendersonville NC	40	66	M	1 65-69	25:09.4	8:07/M
30	Karl Hinterkopf	308 Waters Edge Drive NC	219	40	M	4 40-44	25:21.8	8:11/M
31	Jackson Futch	Fletcher NC	169	13	M	9 0-14	25:30.3	8:14/M
32	William Buie	Laurel Park NC	181	45	M	2 45-49	25:30.6	8:14/M
33	Bryce Wilkie	Hendersonville NC	163	48	M	3 45-49	25:34.8	8:15/M
34	Joel Tipton	Hendersonville NC	109	49	M	4 45-49	25:55.0	8:22/M
35	Brendan Poeta	Hendersonville NC	96	12	M	10 0-14	25:57.9	8:22/M
36	Rockey Poeta	Hendersonville NC	95	64	M	1 60-64	25:59.2	8:23/M
37	James Yanik	Asheville NC	177	54	M	3 50-54	26:03.1	8:24/M
38	Trish Startup	Clover SC	68	35	F	3 Top Fin	26:03.4	8:24/M



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39	Jessica Bailey	Mill Spring NC	187	17	F	1 15-19	26:04.4	8:25/M
40	Ava Jarrett	Fairview NC	131	8	F	1 0-14	26:04.9	8:25/M
41	Alicia Greene	Etowah NC	266	40	F	1 Top Fin	26:11.8	8:27/M
42	Mark Lancaster	Hendersonville NC	106	53	M	4 50-54	26:40.3	8:36/M
43	Laura Neinast	Asheville NC	142	29	F	1 25-29	26:45.1	8:38/M
44	Andre Richison	Asheville NC	228	53	M	5 50-54	26:53.3	8:40/M
45	Jaycie States	Hendersonville NC	17	11	F	2 0-14	26:57.7	8:42/M
46	Tami Summey	Hendersonville NC	1	37	F	1 35-39	26:58.4	8:42/M
47	Freedom Moser	Mill Spring NC	111	10	M	11 0-14	26:59.4	8:42/M
48	Cole Jarrett	Fairview NC	130	10	M	12 0-14	27:00.1	8:43/M
49	Doug Jarrett	Fairview NC	133	42	M	5 40-44	27:00.3	8:43/M
50	Liz Greenfield	447 Lily Pad Lane NC	274	15	F	2 15-19	27:01.8	8:43/M
51	Julie Wimbish	Arden NC	74	34	F	1 30-34	27:09.2	8:45/M
52	Zoe Capps	Hendersonville NC	100	15	F	3 15-19	27:19.4	8:49/M
53	Randy Knight	Etowah NC	38	56	M	3 55-59	27:20.3	8:49/M
54	Hannah Coloson	Hendersonville NC	249	34	F	2 30-34	27:23.7	8:50/M
55	Heather Jarrett	Fairview NC	132	41	F	1 40-44	27:24.3	8:50/M
56	Rebecca McGowan	Arden NC	233	45	F	1 45-49	27:35.5	8:54/M
57	William Davidson	Asheville NC	33	60	M	2 60-64	27:46.6	8:57/M
58	Johnathan Moore	Brevard NC	180	13	M	13 0-14	27:50.4	8:59/M
59	Beza Singer	447 Lily Pad Lane NC	260	12	F	3 0-14	27:54.0	9:00/M
60	Greg Cumberford	Fletcher NC	234	51	M	6 50-54	27:57.7	9:01/M



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61	Chris Leroy	Saluda NC	92	39	M	3 35-39	27:58.8	9:01/M
62	Paul Blankinship	Asheville NC	199	44	M	6 40-44	28:05.3	9:04/M
63	Brittany Neumann	Asheville NC	192	30	F	3 30-34	28:06.4	9:04/M
64	Jon Neumann	Asheville NC	191	34	M	2 30-34	28:06.7	9:04/M
65	Valerie Haim	447 Lily Pad Lane NC	262	14	F	4 0-14	28:13.5	9:06/M
66	Tom Sweet	Pisgha Forest NC	194	47	M	5 45-49	28:21.7	9:09/M
67	James Owings	Spruce Pine NC	54	55	M	4 55-59	28:29.2	9:11/M
68	Melissa Le Roy	Saluda NC	63	40	F	2 40-44	28:31.9	9:12/M
69	Emily Pettit	Candler NC	53	18	F	4 15-19	28:38.8	9:14/M
70	Taylor Pettit	31 Jr Estates Drive NC	210	18	M	4 15-19	28:39.7	9:15/M
71	James Patton	Asheville NC	248	52	M	7 50-54	28:42.4	9:15/M
72	Kris Allison	Weaverville NC	56	57	M	5 55-59	28:43.3	9:16/M
73	Courtney Long	Hendersonville NC	119	27	F	2 25-29	29:04.9	9:23/M
74	Christopher Race	39 Fox Ridge Dr. Fletcher NC	285	36	M	4 35-39	29:07.3	9:24/M
75	Gus Stamatiades	Asheville NC	247	41	M	7 40-44	29:16.8	9:26/M
76	Eduardo Trevino	Arden NC	150	29	M	1 25-29	29:17.1	9:27/M
77	Lena Wilkie	Hendersonville NC	204	15	F	5 15-19	29:22.3	9:28/M
78	Jon Parce	Hendersonville NC	211	55	M	6 55-59	29:39.8	9:34/M
79	Seth Wait	Hendersonville NC	14	9	M	14 0-14	29:50.4	9:37/M
80	Michael Stavick	Asheville NC	215	25	M	2 25-29	30:03.6	9:42/M
81	Byron Finley	Atlanta GA	105	58	M	7 55-59	30:09.8	9:44/M
82	Lawrence Boroff	Waynesville NC	226	52	M	8 50-54	30:11.5	9:44/M



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83	Hailee Orr	Horse Shoe NC	217	13	F	5 0-14	30:12.1	9:45/M
84	Bob Shaw	Sylvania OH	98	65	M	2 65-69	30:12.3	9:45/M
85	Abbie Wait	Hendersonville NC	5	10	F	6 0-14	30:14.5	9:45/M
86	Amanda Evans	Asheville NC	280	14	F	7 0-14	30:16.6	9:46/M
87	Paiton Jacko	Hendersonville NC	76	12	F	8 0-14	30:17.1	9:46/M
88	Ruth Kamieneski	Greeneville TN	141	56	F	1 55-59	30:18.2	9:46/M
89	Faye Lynn Wilkie	Hendersonville NC	162	8	F	9 0-14	30:18.4	9:46/M
90	Bill McNeil	Fletcher NC	18	42	M	8 40-44	30:19.4	9:47/M
91	Aneliese Parker	Asheville NC	255	45	F	2 45-49	30:30.2	9:50/M
92	Mark Grush	Fletcher NC	94	43	M	9 40-44	30:31.8	9:51/M
93	Benjamin Rudolph	Greenville SC	202	27	M	3 25-29	30:32.7	9:51/M
94	Katie Parce	Hendersonville NC	216	13	F	10 0-14	30:33.1	9:51/M
95	Charlotte Bailey-Schwartz	Mapplewood NJ	62	12	F	11 0-14	30:36.9	9:52/M
96	Cameron Weaver	Pisgah Forest NC	47	37	F	2 35-39	30:45.4	9:55/M
97	Susan Garland	Arden NC	81	47	F	3 45-49	30:48.0	9:56/M
98	Tom Fuduric	Greenville SC	190	64	M	3 60-64	30:48.4	9:56/M
99	Jasen Speer	Snohomish WA	102	34	M	3 30-34	30:49.8	9:56/M
100	Amanda Bowman	Arden NC	167	29	F	3 25-29	30:54.3	9:58/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
101	Melony Winters	Hendersonville NC	165	43	F	3 40-44	30:59.7	10:00/M
102	Mary Moore	Brevard NC	178	18	F	6 15-19	31:00.7	10:00/M



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103	Tori Kretschmar	Greeneville TN	93	18	F	7 15-19	31:02.1	10:01/M
104	Richard Traister	Fletcher NC	39	59	M	8 55-59	31:03.6	10:01/M
105	Morgen Yeakley	Marshall NC	160	45	F	4 45-49	31:22.4	10:07/M
106	Roger Southworth	Hendersonville NC	128	74	M	1 70-74	31:42.6	10:14/M
107	Steve Anderson	2 Cedarcliff Road NC	254	46	M	6 45-49	31:44.6	10:14/M
108	Stan Moore	Weaverville NC	48	53	M	9 50-54	31:47.9	10:15/M
109	Matt Maynard	Marion NC	170	34	M	4 30-34	31:50.2	10:16/M
110	Brad Ward	Weaverville NC	251	62	M	4 60-64	32:02.0	10:20/M
111	Julia Bullock	Knoxville TN	279	55	F	2 55-59	32:03.2	10:20/M
112	Kathy Jackson	Waxhaw NC	148	52	F	1 50-54	32:05.9	10:21/M
113	Melissa Kretschmar	Greeneville TN	91	18	F	8 15-19	32:12.8	10:23/M
114	Caleb Kim	Hendersonville NC	9	9	M	15 0-14	32:15.1	10:24/M
115	Sam Winfield	East Flat Rock NC	189	34	M	5 30-34	32:21.2	10:26/M
116	Jackie Wait	Hendersonville NC	87	46	F	5 45-49	32:39.3	10:32/M
117	Amber Boroff	Waynesville NC	225	38	F	3 35-39	32:43.9	10:33/M
118	William Nelson	Saluda NC	172	54	M	10 50-54	32:44.6	10:34/M
119	Krista Morgan	Asheville NC	227	45	F	6 45-49	32:44.6	10:34/M
120	Zach Peterson	Fletcher NC	12	10	M	16 0-14	32:52.7	10:36/M
121	Ashley Duchesne	Hendersonville NC	186	42	F	4 40-44	32:54.4	10:37/M
122	Marlee Lambert	447 Lily Pad Lane NC	275	12	F	12 0-14	32:57.3	10:38/M
123	Elizabeth Collins	Hendersonville NC	4	10	F	13 0-14	32:59.0	10:38/M
124	Kathryn Wilkie	Hendersonville NC	209	47	F	7 45-49	32:59.8	10:38/M



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125	Matthew Gaglione	Hendersonville NC	78	47	M	7 45-49	33:00.0	10:39/M
126	Meghan Sawtelle	Hendersinville NC	77	39	F	4 35-39	33:00.2	10:39/M
127	Nancy Schwartz	Maplewoo NJ	61	55	F	3 55-59	33:03.8	10:40/M
128	Martha Betz	Highlands NC	183	60	F	1 60-64	33:08.3	10:41/M
129	Eric Setzer	Asheville NC	136	48	M	8 45-49	33:08.6	10:41/M
130	Katy Laws	Fletcher NC	19	41	F	5 40-44	33:14.3	10:43/M
131	Harley Herman	Columbus NC	3	10	F	14 0-14	33:15.3	10:44/M
132	Noah Pappas	Hendersonville NC	8	10	M	17 0-14	33:15.8	10:44/M
133	Mary Beth Hagan	Fletcher NC	10	52	F	2 50-54	33:25.1	10:47/M
134	Steven Orr	Hendersonville NC	43	50	M	11 50-54	33:30.9	10:48/M
135	Ryan Kastle	Waynesville NC	115	23	M	1 20-24	33:34.5	10:50/M
136	Doran Heck	Swannanoa NC	110	44	M	10 40-44	33:38.5	10:51/M
137	Richard Betz	P. O. Box 966 NC	182	66	M	3 65-69	33:38.5	10:51/M
138	Jennifer Buie	Laurel Park NC	179	45	F	8 45-49	33:40.2	10:52/M
139	Amanda Jeffries	Arden NC	195	45	F	9 45-49	33:58.3	10:57/M
140	Alan Harms	Hendersonville NC	256	72	M	2 70-74	34:11.5	11:02/M
141	Jillian Barnett	102 Cannon Dr NC	58	32	F	4 30-34	34:16.8	11:03/M
142	Natacha Root	Fletcher NC	34	37	F	5 35-39	34:19.1	11:04/M
143	Kylie Root	Fletcher NC	15	10	F	15 0-14	34:19.7	11:04/M
144	Angela Vaughan	Hendersonville NC	272	46	F	10 45-49	34:27.6	11:07/M
145	Caitlyn O'Kelly	Mills River NC	288	12	F	16 0-14	34:30.7	11:08/M
146	Natalie Stiles	Horse Shoe NC	60	52	F	3 50-54	34:31.6	11:08/M



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147	Deb Parce	Hendersonville NC	198	56	F	4 55-59	34:46.6	11:13/M
148	Kayla Setzer	Asheville NC	134	20	F	1 20-24	34:47.9	11:13/M
149	Jen Taylor	Fletcher NC	269	32	F	5 30-34	34:49.5	11:14/M
150	Marcia Atkinson	Alexander NC	50	53	F	4 50-54	34:51.7	11:15/M
151	Caroline Stachura	Fletcher NC	45	11	F	17 0-14	34:52.0	11:15/M
152	Kimberly Barnhart	Fletcher NC	168	41	F	6 40-44	34:53.6	11:15/M
153	Emery Lorntz	Mountain Home NC	158	68	M	4 65-69	34:54.7	11:15/M
154	Lori Reimer	Hendersonville NC	6	52	F	5 50-54	34:56.8	11:16/M
155	Doug Stachura	Fletcher NC	41	46	M	9 45-49	34:57.4	11:16/M
156	David Atkinson	Alexander NC	49	56	M	9 55-59	34:57.8	11:16/M
157	Payal Soni-Patel	Asheville NC	151	40	F	7 40-44	34:59.9	11:17/M
158	Angela Lewis-Myers	Alexander NC	261	33	F	6 30-34	35:11.9	11:21/M
159	Karen Henson	Canton NC	157	43	F	8 40-44	35:13.6	11:22/M
160	Ivan Wilkie	Hendersonville NC	164	10	M	18 0-14	35:27.1	11:26/M
161	J. Willson	Waynesville NC	155	13	M	19 0-14	35:28.3	11:26/M
162	Avery Suhr	447 Lily Pad Lane NC	271	13	F	18 0-14	35:29.4	11:27/M
163	Lauren Baradon	447 Lily Pad Lane NC	267	14	F	19 0-14	35:31.9	11:27/M
164	Kim Wood	Hendersonville NC	57	37	F	6 35-39	35:34.2	11:28/M
165	Joseph Mickey	Fletcher NC	20	37	M	5 35-39	35:44.5	11:32/M
166	Lisa Moser	Mill Spring NC	112	51	F	6 50-54	35:49.5	11:33/M
167	Tracy Cotton	Hendersonville NC	212	46	F	11 45-49	35:54.1	11:35/M
168	Tori Deaver	Hendersonville NC	149	48	F	12 45-49	35:54.3	11:35/M



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169	Emma Mae Stover	Hendersonville NC	84	8	F	20	0-14	35:58.2	11:36/M
170	Pamela Stover	Hendersonville NC	83	35	F	7	35-39	35:58.8	11:36/M
171	James Rice	Arden NC	196	47	M	10	45-49	36:02.7	11:37/M
172	Greg Gambrell	Anderson SC	124	53	M	12	50-54	36:18.2	11:43/M
173	Todd Trace	Mtn. Home NC	2	49	M	11	45-49	36:28.9	11:46/M
174	Andrew Scott	Flat Rock NC	31	68	M	5	65-69	36:32.4	11:47/M
175	Jason Moll	Warner Robins GA	154	41	M	11	40-44	36:37.4	11:49/M
176	Kim Bass	Asheville NC	253	57	F	5	55-59	36:47.2	11:52/M
177	Sarah English	Hendersonville NC	122	41	F	9	40-44	36:53.3	11:54/M
178	Jody Moll	Warner Robins GA	153	40	F	10	40-44	37:07.3	11:58/M
179	Melondy Tabor	Mills River NC	166	38	F	8	35-39	37:40.4	12:09/M
180	Eric Bates	Fletcher NC	70	46	M	12	45-49	37:53.8	12:13/M
181	Susan Ryea	Greenville SC	118	50	F	7	50-54	37:58.5	12:15/M
182	Elizabeth Thomas	Hendersonville NC	107	17	F	9	15-19	37:59.2	12:15/M
183	Amie Emery	Salem SC	108	16	F	10	15-19	37:59.5	12:15/M
184	Anna Boersma	Mills River NC	244	47	F	13	45-49	38:20.7	12:22/M
185	David Zalabak	Hendersonville NC	86	37	M	6	35-39	38:47.1	12:31/M
186	Lucia Tavera	East Flat Rock NC	231	30	F	7	30-34	39:00.2	12:35/M
187	Jen Rice	Candler NC	250	38	F	9	35-39	39:01.7	12:35/M
188	Craig Long	Hendersonville NC	117	65	M	6	65-69	39:18.7	12:41/M
189	Julie Mease	Canton NC	156	42	F	11	40-44	39:32.0	12:45/M
190	Peyton McDonald	PO Box 1666 NC	99	9	M	20	0-14	39:32.6	12:45/M



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191	Erin Rice	Connelly Springs NC	245	32	F	8 30-34	39:45.3	12:49/M
192	Elise Lewis	Candler NC	203	26	F	4 25-29	39:48.2	12:50/M
193	Deborah Owings	Spruce Pine NC	52	52	F	8 50-54	39:52.7	12:52/M
194	Virginia Lockett	Zirconia NC	28	48	F	14 45-49	40:00.6	12:54/M
195	Joi Keen	Fletcher NC	89	42	F	12 40-44	40:05.1	12:56/M
196	Knowle Kirkwood	Skyland NC	23	12	M	21 0-14	40:08.5	12:57/M
197	Brooke Strickland	Weaverville NC	82	22	F	2 20-24	40:12.1	12:58/M
198	Michael Shaw	Asheville NC	114	43	M	12 40-44	40:37.6	13:06/M
199	Ian Domansky	Mills River NC	140	12	M	22 0-14	41:23.8	13:21/M
200	Ali Burleson	Lake Junaluska NC	240	29	F	5 25-29	41:30.9	13:23/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
201	Larry Rostetter	Flat Rock NC	32	77	M	1 75-79	41:35.7	13:25/M
202	Mark Race	39 Fox Ridge Dr. Fletcher NC	286	69	M	7 65-69	41:36.2	13:25/M
203	Laquinta Reed	Hendersonville NC	11	22	F	3 20-24	41:37.1	13:25/M
204	Mary Herbert	East Flat Rock NC	127	46	F	15 45-49	41:54.8	13:31/M
205	John Domansky	Mills River NC	138	53	M	13 50-54	42:24.3	13:41/M
206	Steve Metcalf	Asheville NC	152	65	M	8 65-69	42:41.8	13:46/M
207	Jackie Torres	Hendersonville NC	229	36	F	10 35-39	43:02.8	13:53/M
208	Danny Whisnant	Union SC	143	51	M	14 50-54	43:12.2	13:56/M
209	Mark Waugh	Hania Dr. SW NC	257	36	M	7 35-39	43:24.0	14:00/M
210	Summer Waugh	Hania Dr. SW NC	258	12	F	21 0-14	43:24.5	14:00/M



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211	Alicia Chickos	Asheville NC	129	52	F	9 50-54	43:32.0	14:03/M
212	Heather McClure	Franklin NC	235	37	F	11 35-39	43:34.7	14:03/M
213	Jennifer Ray	Arden NC	171	40	F	13 40-44	44:00.7	14:12/M
214	Kim Yanik	Asheville NC	176	51	F	10 50-54	44:27.4	14:20/M
215	Connie Bailey	Mill Spring NC	188	44	F	14 40-44	44:41.4	14:25/M
216	Dottie Bevis	107 Arthur Blvd SC	144	39	F	12 35-39	44:46.3	14:26/M
217	June Ward	Weaverville NC	252	54	F	11 50-54	44:53.9	14:29/M
218	Denese Kastle	Waynesville NC	116	53	F	12 50-54	44:58.5	14:30/M
219	Darlene Cluett	Asheville NC	97	52	F	13 50-54	45:08.1	14:34/M
220	James Drennan	Asheville NC	27	69	M	9 65-69	45:16.6	14:36/M
221	Annette Mason	Denton NC	75	56	F	6 55-59	45:36.4	14:43/M
222	Kathleen Kirkwood	Mills River NC	24	59	F	7 55-59	45:57.8	14:49/M
223	Chloe Kirkwood	Skyland NC	22	14	F	22 0-14	45:57.8	14:49/M
224	Lauren Farino	447 Lily Pad Lane NC	270	14	F	23 0-14	46:00.7	14:50/M
225	Don Kirkwood	Mills River NC	25	62	M	5 60-64	46:09.3	14:53/M
226	Erin Stachura	Fletcher NC	42	41	F	15 40-44	46:09.7	14:53/M
227	Todd Anderson	Mills River NC	146	53	M	15 50-54	47:24.1	15:17/M
228	Patrice Brenner	Hendersonville NC	79	66	F	1 65-69	47:33.3	15:20/M
229	Susan Anderson	Mills River NC	147	55	F	8 55-59	47:34.4	15:21/M
230	Lynde Mickey	Fletcher NC	21	39	F	13 35-39	47:38.0	15:22/M
231	Robert Corley	Arden NC	998	53	M	16 50-54	47:48.3	15:25/M
232	Cindy Corley	Arden NC	242	53	F	14 50-54	47:48.6	15:25/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



233	Pamela Mungo	Lake Lure NC	36	61	F	2	60-64	48:16.9	15:34/M
234	Gwen Mathews	Fletcher NC	72	64	F	3	60-64	48:21.8	15:36/M
235	Beth Bootz	Lake Lure NC	37	58	F	9	55-59	48:28.6	15:38/M
236	Laura Walls	Black Mountain NC	273	63	F	4	60-64	48:34.7	15:40/M
237	Joann Naeger	Weaverville NC	44	71	F	1	70-74	48:57.7	15:47/M
238	Connie Burlison	Fairview NC	66	54	F	15	50-54	49:07.6	15:51/M
239	Debbie Clay	Fairview NC	67	74	F	2	70-74	49:08.0	15:51/M
240	Beth Lawing	Asheville NC	200	57	F	10	55-59	49:14.6	15:53/M
241	Renee Handley	Asheville NC	276	48	F	16	45-49	49:57.1	16:07/M
242	Dinorah Kranker	Hendersonville NC	123	77	F	1	75-79	50:02.7	16:08/M
243	Olivia Senior	Asheville NC	282	15	F	11	15-19	50:17.0	16:13/M
244	Jeri Senior	Asheville NC	283	56	F	11	55-59	50:21.2	16:15/M
245	Rachel Steward-Pal	Hendersonville NC	26	23	F	4	20-24	50:38.3	16:20/M
246	Miranda Warren	Vilas NC	139	35	F	14	35-39	50:41.6	16:21/M
247	Brooke Lawing	Mills River NC	201	40	F	16	40-44	50:50.6	16:24/M
248	Julie Domansky	Mills River NC	137	49	F	17	45-49	50:57.7	16:26/M
249	Josh Blade	447 Lily Pad Lane NC	259	35	M	8	35-39	52:49.7	17:02/M
250	Emma Fitzgerald	447 Lily Pad Lane NC	278	14	F	24	0-14	52:49.8	17:02/M
251	Myra Hill	Mars Hill NC	159	48	F	18	45-49	53:49.1	17:22/M
252	Karen Pires	Pendleton SC	284	57	F	12	55-59	56:05.1	18:05/M
253	Angela Monroe	Fletcher NC	51	41	F	17	40-44	56:45.9	18:18/M
254	Ian Farthing	Fletcher NC	55	37	M	9	35-39	56:46.3	18:19/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



255	Tammy Pressley	Asheville NC	213	34	F	9 30-34	56:46.6	18:19/M
256	Emily Whitmire	Candler NC	241	26	F	6 25-29	57:23.0	18:31/M
257	Richard Kranker	Hendersonville NC	121	84	M	1 80-99	58:53.8	19:00/M
258	Jenny Hassler	Hendersonville NC	125	47	F	19 45-49	1:03:53.5	20:36/M
259	John Hassler	Hendersonville NC	126	51	M	17 50-54	1:03:54.4	20:37/M
260	Sharon Shank	Fletcher NC	80	59	F	13 55-59	1:04:30.1	20:48/M
261	David Gandy	Fletcher NC	85	33	M	6 30-34	1:04:31.0	20:49/M
262	Heather Patton	Hendersonville NC	113	35	F	15 35-39	1:05:32.0	21:08/M

[Top](#)

10K

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Jay Curwen	3 Ramoth Asheville NC	703	49	M	1 Top Fin	36:37.9	5:54/M
2	Will Harlan	Barnardsville NC	744	42	M	2 Top Fin	36:57.2	5:58/M
3	Gary Curran	907 Woodvine NC	706	48	M	3 Top Fin	39:44.2	6:25/M
4	Amber Reece-Young	Asheville NC	665	37	F	1 Top Fin	40:22.0	6:31/M
5	Ryan Treadway	E. Flat Rock NC	661	31	M	1 30-34	41:04.3	6:37/M
6	Michael Connors	Asheville NC	717	36	M	1 35-39	43:42.5	7:03/M
7	Whitney Ranson	Pickens SC	745	27	F	2 Top Fin	44:25.6	7:10/M
8	Josh Bringle	Asheville NC	724	39	M	2 35-39	44:38.4	7:12/M
9	Joe Barrett	Asheville NC	668	54	M	1 Top Fin	44:45.4	7:13/M
10	Lincoln Crosse	Asheville NC	676	57	M	1 55-59	45:01.2	7:16/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



11	John King	Greeneville TN	722	58	M	2 55-59	47:28.3	7:39/M
12	Sarah Briggs	Asheville NC	682	42	F	3 Top Fin	47:41.5	7:41/M
13	Shannon Wildes	Asheville NC	619	32	F	1 30-34	48:47.9	7:52/M
14	Brian Kowald	Hendersonville NC	714	55	M	3 55-59	49:37.7	8:00/M
15	Tim Stinnett	Hendersonville NC	638	52	M	1 50-54	50:17.7	8:07/M
16	Wes Harkins	Candler NC	667	54	M	2 50-54	50:18.9	8:07/M
17	Robin Tanner	Cullowhee NC	628	55	F	1 Top Fin	50:29.8	8:09/M
18	Tracie Winters	Sanford FL	624	44	F	1 40-44	50:50.5	8:12/M
19	Mike Hagan	Fletcher NC	610	52	M	3 50-54	50:58.7	8:13/M
20	Bryan Adams	Hendersonville NC	674	36	M	3 35-39	51:12.2	8:15/M
21	William Ranson	Pickens SC	738	65	M	1 65-69	51:43.5	8:20/M
22	Jeffrey Delbert	Connelly Springs NC	712	32	M	2 30-34	51:53.7	8:22/M
23	Bryan Fisher	Hendersonville NC	705	33	M	3 30-34	51:54.9	8:22/M
24	Jeremy Pike	Mills River NC	631	41	M	1 40-44	51:58.1	8:23/M
25	Ben Fishback	Canton NC	741	58	M	4 55-59	52:02.2	8:24/M
26	Shannon Scott	Arden NC	748	27	F	1 25-29	52:25.2	8:27/M
27	Robert Chilmonik	Black Mountain NC	659	62	M	1 60-64	53:13.7	8:35/M
28	Stephen Gwaltney	Hendersonville NC	723	34	M	4 30-34	53:28.5	8:37/M
29	Chris Collins	28 Stone River Drive NC	673	40	M	2 40-44	53:35.0	8:39/M
30	Tanya Capps	Marshall NC	679	42	F	2 40-44	53:36.4	8:39/M
31	Kim Lachler	Fairview NC	641	51	F	1 50-54	53:48.9	8:41/M
32	Jimmie Thrash	47NANDINA Lane NC	713	60	M	2 60-64	54:10.7	8:44/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



33	Mary Winchester	Asheville NC	725	51	F	2 50-54	54:22.9	8:46/M
34	Maura Thompson	Asheville NC	625	27	F	2 25-29	54:42.8	8:49/M
35	Jesse Warren	Asheville NC	620	58	M	5 55-59	55:08.9	8:54/M
36	Amy McKenzie	102 Indigo Dr NC	751	50	F	3 50-54	55:12.1	8:54/M
37	Todd Hoke	Hendersonville NC	677	46	M	1 45-49	55:12.7	8:54/M
38	Sheri Baker	Fletcher NC	700	44	F	3 40-44	55:28.0	8:57/M
39	James Justice	343 Justice Ridge Rd Hend NC	672	41	M	3 40-44	55:51.6	9:00/M
40	Samuel Shelhoss	Clemson SC	742	21	M	1 20-24	55:52.5	9:01/M
41	Rick Hebert	Biltmore Lake NC	615	64	M	3 60-64	55:52.5	9:01/M
42	Timothy Head	131 Settlemyrre Street NC	696	49	M	2 45-49	56:14.3	9:04/M
43	Greg Belland	209 Montford Ave, Asheville NC	662	55	M	6 55-59	56:17.6	9:05/M
44	Mark Rollins	Clyde NC	749	49	M	3 45-49	56:21.1	9:05/M
45	Sherry Roane	Asheville NC	654	56	F	1 55-59	56:23.0	9:06/M
46	Keri Beth Livingston	Asheville NC	707	35	F	1 35-39	56:26.5	9:06/M
47	Sarah Rowe	Columbus NC	632	32	F	2 30-34	56:27.6	9:06/M
48	Wayne Boynton	Loxahatchee FL	685	71	M	1 70-74	56:36.0	9:08/M
49	Kristie Bivins	Arden NC	721	37	F	2 35-39	56:58.4	9:11/M
50	Courtney Money-Mcintosh	Arden NC	719	31	F	3 30-34	56:59.4	9:11/M
51	Laura Rollins	Clyde NC	747	45	F	1 45-49	57:00.3	9:12/M
52	Erin MacCarelli	Fletcher NC	606	34	F	4 30-34	57:01.7	9:12/M
53	Riannon McNeil	Fletcher NC	605	38	F	3 35-39	57:01.9	9:12/M
54	Derrith Roberson	Asheville NC	716	26	F	3 25-29	57:18.6	9:15/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



55	Miranda Thompson	Asheville NC	715	17	F	1 15-19	57:19.0	9:15/M
56	Brian Hall	Black Mountain NC	732	49	M	4 45-49	57:30.2	9:16/M
57	Heather Compton	Asheville NC	649	37	F	4 35-39	57:37.2	9:18/M
58	Melinda Jackson	Johnson City TN	640	27	F	4 25-29	57:44.5	9:19/M
59	Jim Owens	Kings Mountain NC	690	70	M	2 70-74	57:48.8	9:19/M
60	Sue Evans	Asheville NC	735	47	F	2 45-49	57:56.3	9:21/M
61	Kayla Stokoe	Enka NC	720	15	F	2 15-19	58:09.6	9:23/M
62	Laura Weas	Arden NC	650	46	F	3 45-49	58:50.4	9:29/M
63	Bill Taylor	Candler NC	702	58	M	7 55-59	58:50.8	9:29/M
64	Samantha Reynolds	Flat Rock NC	604	33	F	5 30-34	58:51.7	9:30/M
65	Tad Dixon	103 Red Cedar NC	683	48	M	5 45-49	58:56.2	9:30/M
66	Ellen Dixon	103 Red Cedar NC	684	45	F	4 45-49	58:56.6	9:30/M
67	Joe Swift	Asheville NC	603	55	M	8 55-59	58:57.2	9:30/M
68	Jon McLean	Hendersonville NC	608	50	M	4 50-54	59:05.1	9:32/M
69	Matthew Kilby	Hendersonville NC	600	43	M	4 40-44	59:05.6	9:32/M
70	Jim Murray	Asheville NC	699	45	M	6 45-49	59:21.2	9:34/M
71	April Worley	28 Stone River Drive NC	671	41	F	4 40-44	59:41.3	9:38/M
72	Lynn Marks	Hendersonville NC	693	51	F	4 50-54	59:44.2	9:38/M
73	Joseph Kretschmar	Greeneville TN	629	60	M	4 60-64	59:58.2	9:40/M
74	Benita Auge	Weaverville NC	692	67	F	1 65-69	1:00:01.0	9:41/M
75	Anyhony McVay	Spruce Pine NC	656	49	M	7 45-49	1:00:10.1	9:42/M
76	Brooke Boukather	Gastonia NC	670	41	F	5 40-44	1:00:20.0	9:44/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



77	Will Boukather	Gastonia NC	669	15	M	1 15-19	1:00:20.3	9:44/M
78	Laura Ketchuck	Candler NC	727	27	F	5 25-29	1:00:29.8	9:45/M
79	Ellen Stallings`	Hendersonville NC	645	22	F	1 20-24	1:01:00.3	9:50/M
80	Laurence Penrose	Bostic NC	644	74	M	3 70-74	1:01:00.9	9:50/M
81	Matt Carter	Hendersonville NC	646	22	M	2 20-24	1:01:01.6	9:50/M
82	Ben Scharett	Candler NC	754	14	M	1 0-14	1:01:14.8	9:53/M
83	Pat Burton	Asheville NC	612	47	M	8 45-49	1:01:24.0	9:54/M
84	Kathy Stahly	Asheville NC	680	65	F	2 65-69	1:01:28.8	9:55/M
85	Jeannie Ramsey	Malden NC	718	51	F	5 50-54	1:01:46.2	9:58/M
86	Brent Hipp	Etowah NC	686	36	M	4 35-39	1:02:04.6	10:01/M
87	Heather Peterson	Brevard NC	709	25	F	6 25-29	1:02:13.7	10:02/M
88	Rick Wagner	Brevard NC	711	30	M	5 30-34	1:02:13.7	10:02/M
89	Ryan C Watts	Lenoir NC	737	38	M	5 35-39	1:03:14.0	10:12/M
90	Allison Caton	Asheville NC	601	29	F	7 25-29	1:03:20.6	10:13/M
91	Elizabeth Bowles	Fletcher NC	664	43	F	6 40-44	1:03:24.0	10:14/M
92	Larissa Berberick	Fairview NC	687	41	F	7 40-44	1:03:36.1	10:15/M
93	Tatum Koval	Camarillo CA	739	20	F	2 20-24	1:03:42.6	10:16/M
94	Rachel Lubitz	Asheville NC	657	27	F	8 25-29	1:03:49.8	10:18/M
95	Loran Evans	Asheville NC	736	48	M	9 45-49	1:03:57.5	10:19/M
96	Nicole Naess	Fletcher NC	618	34	F	6 30-34	1:04:02.1	10:20/M
97	Linda Cox	Hendersonville NC	613	62	F	1 60-64	1:04:06.4	10:20/M
98	Melissa McCulloch	Arden NC	648	62	F	2 60-64	1:04:08.9	10:21/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



99	Jon Wood	Hendersonville NC	617	38	M	6 35-39	1:04:15.2	10:22/M
100	Jeff Davis	Asheville NC	698	55	M	9 55-59	1:04:20.8	10:23/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
101	Courtney Setzer	Candler NC	728	27	F	9 25-29	1:04:56.7	10:28/M
102	Daniele Albert	Black Mountain NC	681	43	F	8 40-44	1:05:07.7	10:30/M
103	Susan Paul	Maitland FL	623	61	F	3 60-64	1:05:26.7	10:33/M
104	Monica Barajas	Travelers Rest SC	616	42	F	9 40-44	1:05:35.5	10:35/M
105	Michelle McKoy	Swansea SC	643	42	F	10 40-44	1:05:41.6	10:36/M
106	Allissa Wright	9408 Somerset Drive TN	660	23	F	3 20-24	1:06:03.9	10:39/M
107	Harold McMahan	Bryson City NC	708	56	M	10 55-59	1:06:30.7	10:44/M
108	Anna Kokolas	Sandy Spring MD	740	20	F	4 20-24	1:07:00.5	10:48/M
109	Michael Walls	Black Mountain NC	730	62	M	5 60-64	1:07:13.0	10:50/M
110	David Turner	Mills River NC	639	62	M	6 60-64	1:07:22.9	10:52/M
111	Robert Holcombe	Asheville NC	733	67	M	2 65-69	1:07:30.1	10:53/M
112	Michael Scharett	Candler NC	753	44	M	5 40-44	1:08:02.9	10:58/M
113	Michele Land	Black Mountain NC	750	45	F	5 45-49	1:08:03.0	10:59/M
114	Tammy Sullivan	Weaverville NC	642	48	F	6 45-49	1:08:09.8	11:00/M
115	Brandi Guarino	Asheville NC	731	46	F	7 45-49	1:08:14.4	11:00/M
116	Tim Davey	Asheville NC	678	59	M	11 55-59	1:09:12.5	11:10/M
117	Monica Kimbler	Hendersonville NC	746	59	F	2 55-59	1:09:54.9	11:16/M
118	Ashley Blake	Fletcher NC	710	16	F	3 15-19	1:09:58.6	11:17/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



119	Sarah Atkinson	Clyde NC	653	39	F	5 35-39	1:10:13.2	11:20/M
120	Lori King	Hendersonville NC	611	23	F	5 20-24	1:10:42.3	11:24/M
121	Rita Hensley	Mars Hill NC	695	52	F	6 50-54	1:10:57.9	11:27/M
122	Chrissy McVay	Spruce Pine NC	658	51	F	7 50-54	1:11:11.8	11:29/M
123	Kelley Matieriene	Waynesville NC	726	33	F	7 30-34	1:11:31.7	11:32/M
124	Robert Marotti	Hendersonville NC	609	48	M	10 45-49	1:11:56.1	11:36/M
125	Kelly Klaaren	Alexander NC	729	47	F	8 45-49	1:12:43.6	11:44/M
126	Andrea Currens	Barnardsville NC	734	45	F	9 45-49	1:12:44.1	11:44/M
127	Alicia Ingle	Asheville NC	752	43	F	11 40-44	1:12:55.2	11:46/M
128	Angela McKeel	41 Corbran Drive Fairview NC	743	45	F	10 45-49	1:12:55.3	11:46/M
129	Shannon Capps	Fletcher NC	636	44	F	12 40-44	1:13:14.0	11:49/M
130	Caryl Dean	Arden NC	637	66	F	3 65-69	1:13:15.5	11:49/M
131	Angela Pressley	Arden NC	622	34	F	8 30-34	1:14:46.3	12:04/M
132	Max Reed	Clyde NC	630	54	M	5 50-54	1:14:47.4	12:04/M
133	Kristin Pressley	Fletcher NC	607	34	F	9 30-34	1:15:01.6	12:06/M
134	Charlene Rumfelt	Enka NC	758	54	F	8 50-54	1:15:03.3	12:06/M
135	Martha McGlohon	Asheville NC	634	57	F	3 55-59	1:15:14.8	12:08/M
136	Nancy Partridge	Waynesville NC	694	53	F	9 50-54	1:16:55.4	12:24/M
137	Brick Cox	Hendersonville NC	614	61	M	7 60-64	1:17:48.7	12:33/M
138	Anne Brown	Fletcher NC	663	56	F	4 55-59	1:19:18.5	12:47/M
139	Spencer Dudas	Hendersonville NC	704	17	M	2 15-19	1:20:16.9	12:57/M
140	Samantha Hyder	Hendersonville NC	701	28	F	10 25-29	1:20:17.5	12:57/M



24th Annual Frostbite 5K and 10K

September 21st, Lelia Patterson Center, Fletcher, NC



141	Denise Bitz	Asheville NC	697	40	F	13	40-44	1:21:35.4	13:10/M
142	Angela Carmon	Winston-Salem NC	635	53	F	10	50-54	1:23:06.1	13:24/M
143	Jami Redlinger	Asheville NC	626	40	F	14	40-44	1:23:50.5	13:31/M
144	Brian Pesci	893 Center St NC	633	35	M	7	35-39	1:23:50.9	13:31/M
145	Don McMahill	Black Mountain NC	691	79	M	1	75-79	1:27:23.4	14:06/M
146	Martha Marshall	Asheville NC	647	70	F	1	70-74	1:29:09.7	14:23/M