

# Rock The Quarry 5k 2019

## Age Group Results

Race Date  
September 14, 2019

### 5k

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Valerie Gortmaker		44	92	27	24:22.5

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Shawanna White	Columbia SC	39	229	8	21:13.0
2	Anne Wheatly	Asheville NC	34	265	10	21:43.1
3	Brittany Neumann	Asheville NC	34	155	25	23:44.7

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#### Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Abby Laws	Candler NC	9	133	105	33:48.7
2	Ella Buckner	Candler NC	8	25	113	34:26.3
3	Morgan Shelfer	Asheville NC	10	186	127	35:47.9
4	Mia Salamone	Black Mountain NC	13	179	130	36:09.3
5	Melody Templin	Black Mountain NC	12	212	176	42:30.7
6	Eden Johnson	Hendersonville NC	13	116	177	42:57.7
7	Abigail Covert	Swannanoa NC	10	44	188	46:16.7
8	Charlee Bryant	Asheville	7	278	213	58:29.7

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Joy Shanahan	Columbus NC	19	184	84	31:57.2
2	Jennifer Berry	Charlotte NC	15	13	143	37:36.5
3	Kate Anderson	Black Mountain NC	15	3	192	46:40.8
4	Maggie Anderson	Black Mountain NC	19	2	193	46:40.9

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Nicole Clarke		27	39	56	28:41.5
2	Emily Wheeler	Swannanoa NC	24	228	64	29:46.2
3	Isabel Hernandez	Asheville NC	22	105	77	31:22.3
4	Caitlyn Cranfill		28	47	90	32:33.7
5	Katie Fisher	Hendersonville NC	29	73	93	32:40.7
6	Juli Wallen		26	220	95	32:54.8
7	Rebecca Wenger	Marion NC	25	225	152	37:52.6
8	Stephanie Hinten	Charlestown MA	28	108	158	38:13.1
9	Danielle Duckett	Marshall NC	24	61	174	42:00.1
10	Samantha Chase	Asheville NC	28	277	185	44:09.0

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Amy Passauer	Highlands NC	30	161	32	25:13.6
2	Jessica Dasher	Asheville NC	36	53	39	26:10.9
3	Crystal Hurt	Linville Falls NC	34	113	40	26:18.3
4	Cheryl Jones	Hendersonville NC	39	119	43	26:43.9
5	Leanne Perry	Asheville	39	264	48	27:42.7

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#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
6	Amanda Stackhouse	Lenoir NC	32	201	51	28:10.3
7	Hana Bieliauskas	Asheville NC	33	15	69	30:08.0
8	Adria Vittitow	Leicester NC	37	219	83	31:57.0
9	Tiffany Lillard	Black Mountain NC	32	134	94	32:46.0
10	Beth Laws	Candler NC	39	131	106	33:49.2
11	Courtney Lowery	Flat Rock NC	36	137	109	33:59.0
12	Kaitlyn Guyer	Black Mountain NC	31	94	110	34:21.4
13	Hilary Laney	Swannanoa NC	37	129	120	34:48.9
14	Sarah Bishop	Marion NC	37	17	123	34:55.8
15	Brandy Rowe	Swannanoa NC	34	177	125	35:28.8
16	Alexandra Slabaugh	Old Fort NC	32	193	145	37:37.0
17	Stephanie Justus		33	120	155	38:07.3
18	Leslie Sossong	Cowpens SC	30	199	164	39:40.8
19	Jody McGowan	Wilmington NC	30	143	175	42:26.4
20	Carly Dunlap	Hendersonville NC	37	62	178	42:57.8
21	Angeli Chandler	Asheville NC	31	242	186	44:28.1
22	Nina Winfield	Fletcher NC	37	236	190	46:34.4
23	Jinny Wick	Hendersonville NC	37	230	201	49:34.8
24	Elodie Covert	Swannanoa NC	35	42	204	51:00.4
25	Amanda Bryant	Asheville NC	38	268	212	58:29.7
26	Starla Calloway	Black Mountain NC	36	30	226	1:13:07.8

#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Alice Crosson	Asheville NC	47	52	70	30:13.5
2	Frances Dickson	Asheville NC	42	55	75	30:51.5
3	Jennifer Olinger	Asheville NC	46	158	80	31:54.9
4	Amanda Pattanayak	Asheville NC	42	162	85	32:04.3
5	Jennifer Van Lue	Asheville NC	41	217	88	32:31.5
6	Jennifer Wittkopf	Black Mountain NC	42	237	126	35:38.2
7	Martha Martin		42	140	133	36:26.0
8	Kelly Sams		40	180	134	36:26.6
9	Tish King	Winston Salem NC	48	123	137	37:01.1
10	Samantha Casper		41	31	140	37:29.2
11	Laura Patterson Baley	Chapel Hill NC	40	163	147	37:44.2
12	Alison Gooding	Asheville NC	47	256	156	38:10.4
13	Julie Sheedy	Asheville NC	40	185	161	38:41.3
14	Sara Boelt	Black Mountain NC	46	19	171	41:47.1
15	Carol Steele	Black Mountain NC	45	203	173	41:54.6
16	Beth Anderson	Black Mountain NC	46	8	180	43:07.7

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#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
17	Tricia Dimsdale	Weaverville NC	40	56	184	44:08.6
18	Lisa Bibleheimer	Black Mountain NC	42	14	199	49:11.3
19	Thela Murdock	Brevard NC	49	151	200	49:26.3
20	Tracy Shenkin	Arden NC	49	189	208	54:01.9
21	Kristie Owens		45	159	209	55:04.0
22	Winyah Templin	Black Mountain NC	43	210	211	56:16.5
23	Bridget Felix	Asheville	42	259	221	1:06:56.6

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Stacey Cropper		55	51	104	33:46.8
2	Amy Boyd	Swannanoa NC	51	21	107	33:53.8
3	Lisa Kiebzak		56	121	117	34:47.8
4	Adrienne Kramer		53	126	119	34:48.2
5	Tina Smith	Candler NC	51	196	159	38:16.5
6	Lisa Decarlo	Hendersonville NC	53	54	162	38:50.2
7	Sarah Downing	Asheville NC	55	58	163	39:14.7
8	Mary Burton	Asheville NC	56	26	166	40:14.1
9	Julia Moore	Black Mountain NC	56	150	181	43:07.7
10	Cat Bishop		56	18	187	45:57.7
11	Virginia Lockett	Zirconia NC	52	135	194	46:59.0
12	Deanna Buchanan	Black Mountain NC	55	23	198	49:10.1
13	Debbie Goodson	Black Mountain NC	52	91	205	51:13.2
14	Cindy McDaniel	Montreat NC	53	252	223	1:11:32.6

#### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lori Kijek	Black Mountain NC	61	122	136	37:00.8
2	Peggy Emory	Black Mountain NC	61	68	165	40:02.0
3	Sarah Wetzel	Montreat NC	67	227	191	46:37.3
4	Gail Sherman	Asheville NC	67	191	206	51:32.1
5	Julia Hibbard	Salisbury NC	60	106	216	1:06:11.1
6	Cynthia Eaton	Palm City FL	64	63	218	1:06:12.5
7	Ann Glauser	Athens GA	68	85	225	1:12:53.4

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#### Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Miriam Freeman	Asheville NC	71	77	168	40:37.6
2	Martha Marshall		74	139	207	53:46.6

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## Age Group Results

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### 5k

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Andy Nazworth	Black Mountain NC	55	248	9	21:34.7

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Harrison Kirigwi	Columbia SC	30	124	1	17:01.2
2	Javan Lapp	Asheville NC	31	254	2	18:36.5
3	Orinthal Striggles	Columbia SC	43	205	3	19:03.5

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#### Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Elijah Jones	Swannanoa NC	14	118	24	23:42.8
2	Carson Laws	Candler NC	11	132	34	25:31.8
3	Judah Hall	Asheville NC	9	263	36	25:59.6
4	Jaiden Acker	Black Mountain NC	13	245	63	29:45.1
5	Andrew Midkiff	Black Mountain NC	9	148	111	34:24.0
6	Owen Hinson	Black Mountain NC	12	107	142	37:31.9
7	Micah Medrano	Leicester NC	11	145	153	37:56.9
8	Dudley Glenn	Black Mountain NC	14	87	189	46:26.0
9	Sean Felix	Asheville	10	258	202	49:52.8
10	Micah Covert	Swannanoa NC	7	45	203	50:04.6
11	Olin Christenbury	Black Mountain NC	10	35	215	1:05:26.9
12	Dean Christenbury	Black Mountain NC	9	34	220	1:06:40.3
13	Gavin Felix	Asheville	8	257	222	1:06:57.4

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Noah Lehman	Black Mountain NC	16	246	4	19:12.7
2	Kyle Phillips	Black Mountain NC	16	167	7	21:10.5
3	Matthew Allen	Swannanoa NC	18	1	11	22:03.3
4	Trevor Nail	Black Mountain NC	16	153	12	22:07.3
5	Matthew Hyatt	Swannanoa NC	16	247	17	22:59.7
6	Aidan Flanagan	Black Mountain NC	17	74	21	23:22.2
7	Aiden Helmig	Black Mountain NC	15	103	23	23:42.5
8	Gabriel Crockett	Black Mountain NC	16	50	31	25:07.2
9	Jacob Glenn	Black Mountain NC	16	88	58	29:05.3
10	Gregory Inak	Black Mountain NC	16	114	99	33:16.0
11	Joe Mahoney	Black Mountain NC	17	138	103	33:22.8
12	Kaine Cadwell	Weaverville NC	17	28	115	34:28.4
13	Hunter Billie	Black Mountain NC	17	16	138	37:01.3
14	Evan Rogers	Black Mountain NC	16	175	150	37:48.3
15	Cole Roberts		19	276	170	41:16.7
16	Jackson Sarber	Black Mountain NC	17	182	179	42:58.5
17	David Simonovsky	Black Mountain NC	17	192	183	43:36.3

#### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Tyler Glenn	Arden NC	26	90	6	21:01.9
2	Daniel Lancaster	Black Mountain NC	23	128	13	22:36.0

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
3	Andrew Clarke	Swannanoa NC	27	38	42	26:31.6
4	Andrew Cockrell	Black Mountain NC	28	253	47	27:36.6
5	Joe Chandler	Asheville NC	28	33	55	28:41.2
6	Stedman Smith	Arden NC	26	198	57	28:49.9
7	Evan Zeiger	Candler NC	29	241	65	29:47.9
8	Nathaniel Haney	Fletcher NC	29	98	86	32:18.0
9	Damon Williams	Asheville NC	21	232	92	32:38.8
10	Robert Duckett	Marshall NC	24	60	101	33:19.0
11	Lucas Ferry	Black Mountain NC	26	72	182	43:35.8

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Shaun Pope	Black Mountain	31	266	5	20:16.9
2	Nathaniel Helms	Arden NC	34	104	16	22:53.6
3	Jose Ruiz Herrera	Asheville	32	255	19	23:18.7
4	Kevin Eberlin	Dalzell SC	37	64	20	23:20.3
5	Chris Tulumello		32	216	30	25:04.7
6	John Baley	Asheville NC	39	10	33	25:24.2
7	Michael Guyer	Black Mountain NC	32	93	35	25:58.2
8	Matt Monteith	Asheville NC	32	149	37	26:08.2
9	Steven Acker	Black Mountain NC	33	244	46	27:14.5
10	Cameron Jennings	Charlotte NC	33	115	53	28:15.6
11	David Thompson	Asheville NC	30	214	54	28:40.5
12	Rodney Ogle	Black Mountain NC	37	157	59	29:12.0
13	Mike Tropsha	Charlotte NC	38	215	66	29:48.2
14	Billy McGowan	Wilmington NC	39	144	79	31:52.3
15	Brian Crawford	Brevard NC	33	49	87	32:20.2
16	Anthony Vittitow	Leicester NC	39	218	89	32:32.9
17	Kell Cleeland	Black Mountain NC	33	40	97	33:08.1
18	Jason Covert	Swannanoa NC	38	43	100	33:17.0
19	Michael Buckner	Candler NC	36	24	114	34:26.7
20	Will Kuhn		34	127	118	34:47.9
21	Sam Winfield	Fletcher NC	38	235	129	35:57.3
22	Micah Melin	Black Mountain NC	35	146	132	36:16.8
23	Clay Stroupe	Fletcher NC	34	206	139	37:25.1
24	Chad Babcock	Black Mountain NC	38	9	144	37:36.7
25	Ryan Evans	Charlestown MA	36	69	157	38:13.1
26	James Bevers	Asheville NC	37	267	169	40:57.5
27	Stephen Harrington	Hendersonville NC	36	101	214	1:00:53.7



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#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Blake Smith	Bat Cave NC	46	195	29	24:54.3
2	Kevin Hall	Swannanoa NC	44	96	38	26:09.0
3	Brandon Bryant	Asheville NC	40	269	41	26:30.3
4	Matthew Queen	Asheville NC	45	169	44	26:49.1
5	Jeffrey Hall	Asheville NC	43	262	45	26:55.3
6	Coleman Smith	Black Mountain NC	42	194	49	27:59.8
7	Mark Crawford	Whittier NC	40	48	50	28:08.3
8	Loren Wooten	Asheville NC	44	238	52	28:13.3
9	John Crabb	Black Mountain NC	45	46	61	29:32.4
10	Jeff Wilcox	Asheville NC	40	231	67	29:56.7
11	Peter Bouldry	Winston Salem NC	45	20	71	30:17.6
12	Joe Yurchak	Black Mountain NC	47	240	74	30:50.4
13	Ryan Perry	Asheville NC	42	165	76	31:08.2
14	Matthew Stacey	Asheville NC	46	200	78	31:41.0
15	Tripp Anderson	Black Mountain NC	46	7	81	31:56.6
16	Marlan Brinkley	Asheville NC	44	261	102	33:21.0
17	Paul Midkiff	Black Mountain NC	41	147	112	34:24.0
18	Matthew Casper		42	32	121	34:51.9
19	Nathan West	Black Mountain NC	42	226	122	34:53.7
20	Andy Cadwell	Weaverville NC	44	27	124	35:11.8
21	Drew Shelfer	Asheville NC	45	187	128	35:48.0
22	Mario Salamone	Montreat NC	49	178	131	36:09.4
23	Brad Wareham	Asheville NC	43	222	135	36:54.4
24	Brian Felix	Asheville	42	260	146	37:40.8
25	Andrew Klosinski	Black Mountain NC	43	125	167	40:35.8
26	Kenny Capps	Black Mountain	47	275	172	41:48.0
27	Aaron Owens		43	160	210	55:04.2
DQ	Mark Raymer	Asheville NC	43	171	DQ	25:32.0

#### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Vincent Gonzalez	Asheville No 28803	54	279	15	22:44.0
2	Joe Watson	Asheville NC	53	224	18	23:03.8
3	Joseph Barrett		58	11	26	24:13.8
4	Steve Downing	Asheville NC	55	57	28	24:45.6
5	Vaughn Smith	Candler NC	58	197	60	29:19.3
6	Shawn Wilson		53	233	62	29:38.3
7	Brian Hall	Black Mountain NC	52	97	68	30:05.6
8	Ed McDaniel	Montreat NC	56	142	82	31:56.9
9	Bryan Murdock	Brevard NC	50	152	108	33:55.7

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#### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
10	Bob Lockett	Zirconia NC	56	136	160	38:25.7
11	Mitch Christenbury	Charlotte NC	50	37	196	48:02.0
12	Jeff Hagerman	Mocksville NC	51	95	197	48:02.1
13	Dwight Christenbury	Black Mountain NC	54	36	219	1:06:39.3
14	Edward Glauser		55	86	224	1:12:53.2

#### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Robert Sadlemire	Black Mountain NC	62	270	14	22:43.1
2	Lincoln Cross		60	271	22	23:42.2
3	Shawn Stewart	Black Mountain NC	60	204	73	30:29.9
4	Rick Hebert	Candler NC	67	102	98	33:12.5
5	Brad Ward	Weaverville NC	65	221	116	34:47.0
6	Danny Farlow	Candler NC	63	70	141	37:30.9
7	Terry Rogers		65	273	149	37:46.3
8	Garry Sherman	Asheville NC	69	190	154	37:58.8
9	Kirk Neumann	Asheville NC	69	154	195	47:55.3
10	Bill Eaton		66	274	217	1:06:11.3

#### Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Wayne Boynton	Loxahatchee FL	74	249	72	30:27.7
2	Bob Seymour	Fairview NC	70	183	91	32:38.3
3	Charles Jolley	Montreat NC	70	117	96	33:01.3
4	Darryl Redman		75	272	148	37:46.0
5	Blaine Rice	Asheville NC	79	173	151	37:48.8