

HENDERSONVILLE, NC



OCTOBER 9, 2022

QUICK LINKS

The Third Annual Black Bear Half Marathon & 8k presented by Hunter Subaru is a 13.1 & 4.97 mile running event that takes place during peak leaf season and the fall scenery is stunning! These USATF sanctioned and certified races offer a scenic, spectator friendly and mostly flat course along the Oklawaha Greenway and through Hendersonville, NC. We are excited for you to experience a beautiful race this fall in Western North Carolina.



HENDERSONVILLE INFO

Looking for something to do in Hendersonville? Escape from life's hectic pace to the beautiful scenery and southern hospitality of Hendersonville, NC with varied Attractions, Events, Outdoor Recreation, Family Activities, a vibrant Art Scene, unique shopping and a wide selection of Dining Options.

IDAPH TEAM'S LOCAL FAVES

DAPHNE'S FAVORITE COFFEE SHOP: Ugly Mug Cafe

AMY'S FAVORITE HENDERSONVILLE SITE SEEING: the hand-painted bears called "Bearfootin' on Main."

ALLISON'S FAVORITE FALL ACTIVITY: Apple Picking and Cider Sipping at Jeter Mountain Farms is our family's favorite!

PRE EVENT PODCAST

ACTIVITIES

CHEERS! TRAIL

DINING

GET SOCIAL USE #BLACKBEARHALF



PRE EVENT INFO

- Packet Pickup on Saturday, October 8, 12-2PM at Hunter Subaru: 220 Hunter Airport Dr, Fletcher, NC 28732
- Race Day Packet Pickup will be limited to 7-7:50 am at Shelter 4, in Jackson Park, 640 Glover Street, Hendersonville, NC 28792.
- Your race number will have a timing chip on the back and 2 tear off tags for a Donut & Beer.

RACE START

8:00 AM (BOTH RACES) - MASS START

YOU MUST HAVE PACKET PICKED UP NO LATER THAN 7:50 AM - NO EXCEPTIONS! PLAN TO ARRIVE EARLY!

Race Start & Finish are located at the large parking lot inside Jackson Park. Look for the large start/finish line!

Get your caffeine fix before the race at Barebonesbrewhaus coffee cart! Bring cash/card!

RACE RULES

- All participants are expected to display courteous, professional behavior at all times.
- No rollerblades allowed.
- Please be courteous to other foot traffic on the greenway. Stay to the right and call out when passing to other runners and guests on the greenway.
- No alcohol is allowed at the park.
- Due to the nature of the greenway and open roads race - No Strollers & No Dogs allowed.

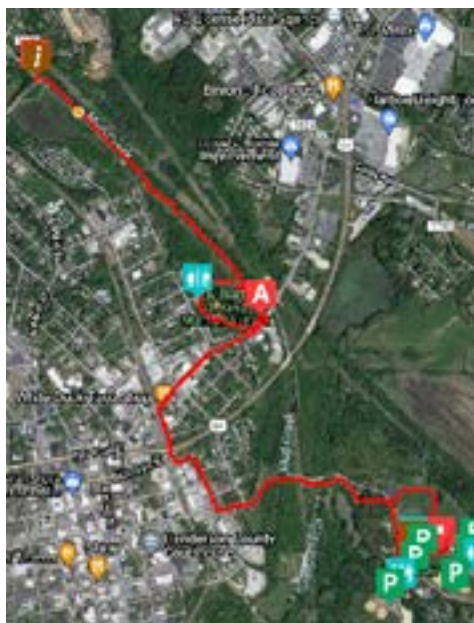
PARKING

There is ample parking at Jackson Park in Hendersonville, NC for participants. The address for Jackson Park is 640 Glover Street, Hendersonville, NC 28792. Please drive slow and with caution when arriving and leaving the park.



8K COURSE INFO

The 8k course coincides with the Half Marathon course and will take place on the same city streets, park pathways and Oklawaha Greenway route. Enjoy the fall scenery without having to run a half marathon!



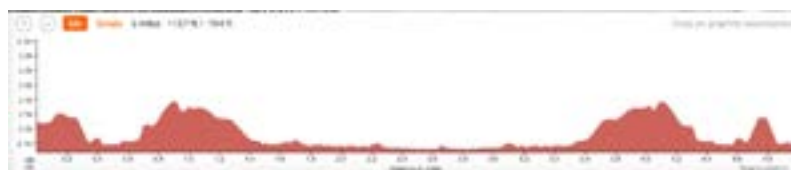
Course Markings
Course will be marked in **YELLOW**.

There will be a timing mat along the course to ensure participants have completed the entirety of the loop.

Water Stations
7th Avenue/Greenway
Mile 1.5 & 3.5

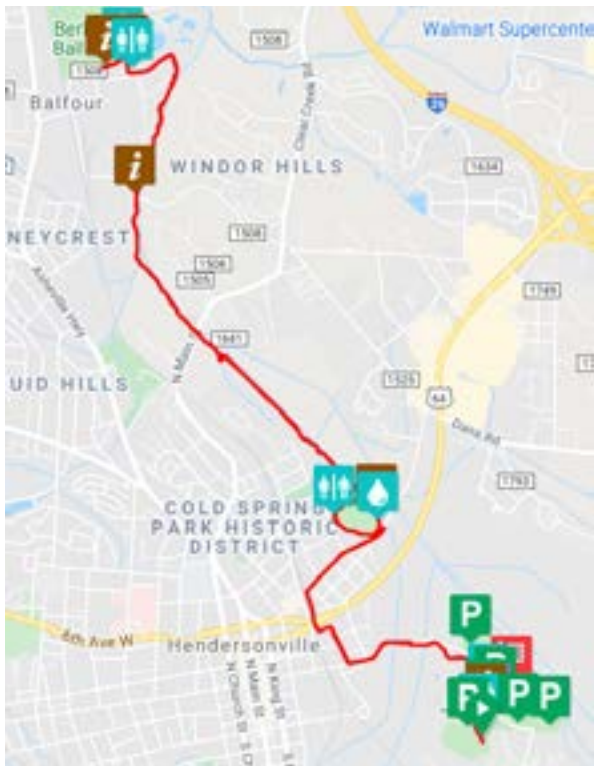
Water, Gatorade, Gels

GPS COURSE MAP



HALF MARATHON COURSE INFO

[CLICK HERE FOR COURSE PREVIEW](#)

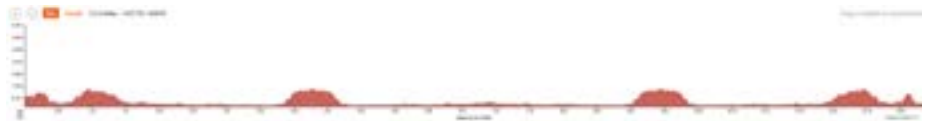


The Black Bear Half is 13.1 miles of mostly flat and paved path that runs along the beautiful Oklawaha Greenway in Hendersonville, North Carolina. With approximately 400 feet of elevation gain, road runners will LOVE this course that starts and ends at the beautiful, Jackson Park in Hendersonville, NC. The route starts at Jackson Park and runs by the Historic Train Depot, through the Revitalized Historic 7th Avenue District to the Oklawaha Greenway and back to the park. The course is an out-and-back, lollipop course with two stocked, water stations that will be utilized multiple times during the race. Runners will complete a portion of the Greenway loop twice making it very spectator friendly and exciting! There are multiple timing mats on the course, you will cross it multiple times.

THE COURSE WILL BE MARKED IN PINK PAINT & STICKERS & YARD SIGNS.

[CLICK HERE FOR GPS MAP](#)

[CLICK HERE FOR HUB MAP](#)



WATER STATIONS

Water Station #1 - 7th Avenue/Greenway - Fleet Feet Asheville
(utilized 3x - mile 1.5, 6.5 and 12)

Water Station #2 - Balfour Rd/Greenway - Green Moose Fuel
(utilized 4x - mile 4, 4.3, 9, 9.3)

We will provide refreshments along the course, Gatorade, Water, Energy Gels will be provided. We are unable to provide fruit and unpackaged food at the water station. Each water station will have portajons. Check course map for exact locations.



IMPORTANT AREA TO KNOW THE ROUTE!

Due to the out/back double loop section, know these spots on the course!

#1 Mile 1.5: Take a LEFT after crossing 7th Avenue to run LEFT AROUND WILLIAM K. KING MEMORIAL PARK BASEBALL FIELD.

#2 Mile 6.5: Veer right after passing the water station and continue to run TOWARDS WILLIAM K. KING MEMORIAL PARK BASEBALL FIELD.

#3 Mile 11.8: Run straight past the water station thru the intersection across 7th Avenue and get on the 7th Ave sidewalk. (Same sidewalk on 7th from the start of the race.)



POST EVENT INFO

ASHEVILLE PERSONAL TRAINING RECOVERY ZONE

Cross the finish line and start recovering! APT is hosting a recovery zone with a variety of tools and equipment to help you start recovering as soon as you finish the race. So kick back, stretch, roll out and compress those tight legs and get back to running in record time.

APT RECOVERY ZONE VIDEO

- Yoga and Massage - post race massages
- Movement for Life - Injury Screenings

Awesome post event food and activities:

- Tahini Jar Food Truck (bring cash/card!)
- FREE Jeter Mountain Farm Cinnamon Apple Donuts
- FREE Snacks from Hendersonville Community Co-Op and Humana
- Emcee Bryan Byrd 'B2 (B Squared)'
- Dryman Mountain Brothers Bluegrass Band
- Loads of awesome race merchandise!

FREE BEER

Relax and celebrate at the Oklawaha Brewing Company (147 1st Ave E, Hendersonville, NC 28792) on race weekend (Fri, Sat, or Sunday). Get a FREE 'Flagship' Beer - light/hoppy/dark options! Bring your 'beer ticket' on your race number to redeem. Must be 21 and over. Tip not included, please be generous with your tip to our amazing service workers and bartenders!

PRIZES & AWARD CEREMONY

Prizes and Awards can be picked up at the on-site Awards Ceremony or the week after the event at Fleet Feet Asheville or have yours shipped for \$10.

