

Race Date  
May 13, 2023

Jump Off Rock  
Age Group Results

10K

Female Overall Winners

-----Total-----							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>
1	Shelby Gurley	Marion NC	842	28	3	41:31.8	41:31.8
2	Madeline Ustanik	Hendersonville NC	896	26	5	42:57.1	42:57.1
3	Christin Woodard	Carrollton GA	891	36	6	43:09.4	43:09.4

Female Masters Winners

-----Total-----							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>
1	Laurie Rudins	Fletcher NC	876	54	14	51:42.4	51:42.4

Race Date  
May 13, 2023

# Jump Off Rock

## Age Group Results

10K

### Female 12 and Under

		-----Total-----					
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time
1 *	Lila Bliss	Waxhaw NC	927	10	112	1:20:19.8	1:20:35.4
2 *	Ruby Paschke	Hendersonville NC	939	6	132	1:27:15.4	1:27:27.0

### Female 13 to 19

		-----Total-----					
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time
1 *	Isabela Vieira	Arden NC	972	13	10	49:01.2	49:08.7

### Female 20 to 24

		-----Total-----					
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time
1 *	Eliza Merritt	Boone NC	991	22	54	1:05:19.7	1:05:28.4
2 *	Eva Peterson	Atlanta GA	960	23	94	1:14:04.8	1:14:07.9
3 *	Maiya Nakayama	Greensboro NC	836	24	97	1:15:01.8	1:15:20.2
4	Mary Hannah Rodgers	Summerville SC	917	22	125	1:22:09.8	1:22:26.2
5	Emily Wagner	Holly Springs NC	826	21	126	1:22:33.1	1:22:48.7

### Female 25 to 29

		-----Total-----					
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time
1 *	Kaitlyn Mattiace	Hendersonville NC	890	29	22	55:39.7	55:55.9
2 *	Samantha Gasinski	Austin TX	990	28	32	58:27.2	58:34.0
3 *	Ashley Cox	Landrum SC	993	27	35	1:00:19.4	1:00:28.5
4	Erin West	Asheville NC	892	28	53	1:04:38.6	1:04:46.4
5	Bailey King	Taylors SC	865	25	66	1:07:10.5	1:07:15.6
6	Madison Scott	Hendersonville NC	885	29	87	1:12:40.2	1:12:42.0
7	Sara Aycock	Apex NC	906	28	106	1:19:00.5	1:19:13.6
8	Natalie Heatherly	Hendersonville NC	924	27	116	1:20:28.7	1:20:54.0
9	Melissa Jernigan	Black Mountain NC	804	27	117	1:20:31.4	1:20:37.9
10	Caitlin Poteet	Hendersonville NC	942	26	138	1:30:42.8	1:31:06.3
11	Noelle Charles	Winston Salem NC	964	25	140	1:31:02.0	1:31:14.3
12	Michaela Okuda	Tryon NC	992	25	157	1:44:54.5	1:45:16.9
13	Sylvia Rivera	Arden NC	980	27	166	1:57:26.3	1:57:46.7

### Female 30 to 34

		-----Total-----					
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time
1 *	Margaret Mavity	Atlanta GA	815	31	8	44:21.5	44:21.5
2 *	Madison Morrison	Hendersonville NC	868	30	20	54:21.0	54:29.3
3 *	Niccatti Honaker	Asheville NC	981	34	57	1:05:58.2	1:06:12.7
4	Sabrina Delk	Asheville NC	870	32	64	1:06:45.2	1:06:50.8
5	Meredith Curtis	Arden NC	974	33	67	1:07:39.3	1:07:54.7
6	Lauren Lowery	Asheville NC	808	34	71	1:08:28.4	1:08:40.7
7	Kate McMullen	Spartanburg SC	840	31	80	1:11:04.1	1:11:21.3
8	Sarah Casto	Hendersonville NC	813	33	81	1:11:21.6	1:11:29.5
9	Emma Castleberry	Asheville NC	984	33	93	1:13:37.7	1:13:47.3
10	Hillary Jewel	Hendersonville NC	839	30	100	1:15:42.1	1:15:51.1
11	Alexandria Franks	Fletcher NC	872	31	104	1:17:17.9	1:17:37.2
12	Caitlin Owens	Asheville NC	919	34	133	1:27:15.5	1:27:27.6
13	Morgan Ayscue	Flat Rock NC	866	31	158	1:44:54.9	1:45:17.3
14	Louise Wolfe	Hendersonville NC	908	30	160	1:45:59.0	1:46:06.2

### Female 35 to 39

		-----Total-----					
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time
1 *	KayLee Prochilo	Hendersonville NC	903	35	12	50:02.2	50:03.1

Race Date  
May 13, 2023

# Jump Off Rock

## Age Group Results

10K

### Female 35 to 39

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
2	* Laura Hoffman	Asheville NC	856	39	28	57:41.3	57:48.7	
3	* Kristen Anderson	Asheville NC	801	38	30	57:49.0	57:50.1	
4	Jennifer Sechrist	Canton NC	936	38	38	1:01:24.9	1:01:31.9	
5	Ashley Gragtmans	Asheville NC	888	36	47	1:03:27.8	1:03:41.8	
6	Amanda Hargen	Asheville NC	832	35	51	1:03:52.9	1:04:04.4	
7	CHRISTINA SEAMAN	Mills River NC	869	35	62	1:06:44.1	1:06:50.2	
8	Grace Ward	Kingsport TN	989	37	68	1:07:42.2	1:07:50.1	
9	Laura Ballard	Fletcher NC	987	39	72	1:08:45.0	1:08:50.0	
10	Courtney Jackson	Clemson SC	806	38	77	1:10:01.8	1:10:08.1	
11	Mary Eddy	Asheville NC	946	37	82	1:11:42.0	1:12:03.5	
12	Korene Alaimo	Apex NC	918	39	86	1:12:14.3	1:12:29.6	
13	Jane Fairchild	Hendersonville NC	959	38	123	1:21:55.3	1:22:24.5	
14	Tracy Klaes	Hendersonville NC	932	38	128	1:23:03.1	1:23:23.6	
15	Leslie DeCraene	Asheville NC	909	37	148	1:35:26.3	1:35:54.2	
16	Heather Colwell	Greenville SC	937	39	163	1:46:41.6	1:47:08.5	

### Female 40 to 44

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Stephanie Myracle	Arden NC	956	43	23	55:49.6	55:53.7	
2	* Roxanne Gosnell	Mars hill NC	967	41	36	1:00:28.9	1:00:33.3	
3	* Renee Klimkiewicz	Hendersonville NC	988	41	45	1:02:52.5	1:03:00.7	
4	Jessica Williamson	Forsyth GA	833	44	46	1:02:57.9	1:03:02.0	
5	Shenandoah Many	Asheville NC	983	43	56	1:05:39.1	1:06:01.2	
6	Laura Fairley	Weaverville NC	887	40	63	1:06:45.1	1:06:50.6	
7	Janine Maulucci	Arden NC	899	44	90	1:13:21.2	1:13:26.4	
8	Kristin Williams	Swannanoa NC	911	41	95	1:14:57.7	1:15:16.8	
9	Ashley Poole	Burnsville NC	821	40	103	1:16:59.7	1:17:11.3	
10	Katherine Mace	Marion NC	849	40	110	1:19:36.2	1:19:53.8	
11	Marybeth Goyer	Bremen GA	895	40	114	1:20:23.7	1:20:28.2	
12	Deanna Ballard	Blowing Rock NC	986	44	119	1:20:58.1	1:21:10.2	
13	Lauren Chupp	Hendersonville NC	952	40	127	1:22:46.0	1:23:06.5	
14	Beth Halldorson	Memphis TN	824	43	131	1:26:13.6	1:26:26.5	
15	Leigh Paschke	Hendersonville NC	938	42	134	1:27:15.9	1:27:27.4	
16	Caroline Stinson	Summerville SC	915	43	137	1:28:25.7	1:28:39.0	
17	Alison Alexander	Hickory NC	928	42	161	1:46:19.7	1:46:46.0	
18	Laura Ivey	East Flat Rock NC	929	44	162	1:46:20.3	1:46:46.4	

### Female 45 to 49

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Jodi Dekle Kerr	Athens GA	945	49	24	55:57.1	55:59.8	
2	* Amy Silvers	Fletcher NC	853	48	34	59:22.1	59:24.7	
3	* Melanie Sprute	Fletcher NC	907	47	55	1:05:28.3	1:05:35.4	
4	Tricia Wilson	Asheville NC	976	48	65	1:07:05.6	1:07:09.2	
5	Heather Dziak	Alexander NC	844	47	84	1:11:54.3	1:12:12.7	
6	nicola thompson	Hendersonville NC	968	48	85	1:11:55.8	1:12:10.1	
7	Beth Roberts	Asheville NC	809	45	89	1:13:17.0	1:13:20.9	
8	Jennifer Hardin	Hendersonville NC	913	49	136	1:27:51.0	1:28:00.7	
9	Susie Fahrer	Weaverville NC	802	45	141	1:31:05.5	1:31:26.2	
10	Susan Waddell	Weaverville NC	828	48	142	1:31:05.5	1:31:26.2	
11	Vonda Stringfellow	ARDEN NC	948	45	145	1:32:41.4	1:32:54.4	
12	Jessica Rider	Roebuck SC	969	47	150	1:39:18.5	1:39:39.8	
13	Angela Sharpe	Hendersonville NC	860	48	153	1:41:31.8	1:41:31.8	
14	Christie Manning	Fairview NC	898	47	159	1:45:58.9	1:46:05.7	

### Female 50 to 54

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Tracy Tisdale	Columbia SC	940	53	39	1:01:34.7	1:01:38.7	
2	* Trina Tate	Sevierville TN	977	53	50	1:03:43.7	1:03:56.3	
3	* April Monnich	Hendersonville NC	874	50	69	1:07:46.1	1:07:54.4	
4	Angela Marshburn	Holly Ridge NC	914	52	73	1:08:53.5	1:09:10.6	
5	Marnette Colborne	Waynesville NC	934	50	108	1:19:30.8	1:19:45.3	

Race Date  
May 13, 2023

# Jump Off Rock

## Age Group Results

10K

### Female 50 to 54

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
6	Kelly Rodgers	Summerville SC	916	54	124	1:22:09.7	1:22:26.1	
7	Erin Charles	Winston Salem NC	963	51	139	1:31:01.7	1:31:14.3	
8	Vita Pauley	Carrollton GA	834	54	147	1:32:45.5	1:32:55.2	
9	Vakisha Henard	Rogersville TN	837	52	149	1:38:56.7	1:39:19.7	
10	Tiffany Bush	Marion NC	848	52	151	1:40:21.1	1:40:38.8	
11	Kelly Elliott	Hendersonville NC	859	53	152	1:41:20.5	1:41:31.6	
12	Jeanie Paschall	Asheville NC	951	50	156	1:44:06.8	1:44:25.9	

### Female 55 to 59

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Kara McClure	Asheville NC	970	57	19	53:44.3	53:46.1	
2 *	Caroline Sinkler	charleston SC	882	57	25	56:32.7	56:51.6	
3 *	Kimberle Warren	Waynesville NC	807	57	70	1:07:48.7	1:08:05.3	
4	Katrina McGuire	Mills River NC	855	55	129	1:23:51.9	1:24:15.7	
5	LK Paden	Fletcher NC	854	55	130	1:23:53.3	1:24:16.9	
6	Cherie Bailey	Clemmons NC	955	57	146	1:32:41.5	1:33:06.6	

### Female 60 to 64

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Kay Hilty	Franklin NC	817	62	31	57:50.3	57:53.0	
2 *	Jannette Finch	charleston SC	883	61	43	1:02:16.9	1:02:36.9	
3 *	Sarah Corley	Asheville NC	961	62	75	1:09:16.4	1:09:19.5	
4	Lori Bostian	Hendersonville NC	886	60	88	1:12:40.9	1:12:42.8	
5	Cathy Jernigan	Black Mountain NC	803	61	118	1:20:31.5	1:20:37.9	
6	Chris Martin	Taylors SC	864	61	144	1:31:51.1	1:31:58.9	
7	Nancy Kyker	Hendersonville NC	857	64	164	1:51:31.1	1:51:31.1	

### Female 65 to 69

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Cristi Wilson	Asheville NC	810	68	91	1:13:32.1	1:13:36.1	
2 *	Pam Anderson	Canton NC	933	66	109	1:19:30.9	1:19:45.0	
3 *	Donna Jackson	Marietta GA	858	66	154	1:43:24.0	1:43:42.7	
4	Bonita Golden	Jacksonville FL	881	67	155	1:43:25.3	1:43:43.0	
5	Diane Kyker	Hendersonville NC	879	66	165	1:51:31.3	1:51:31.3	

### Female 75 to 79

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Kit Ogburn	Asheville NC	935	75	121	1:21:32.0	1:22:01.1	
2 *	Martha Marshall	Asheville NC	823	78	143	1:31:34.4	1:31:38.8	

Race Date  
May 13, 2023

Jump Off Rock  
Age Group Results

10K

Male Overall Winners

							-----Total-----	
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	
1	Alex Rudins	Fletcher NC	875	21	1	37:44.4	37:44.4	
2	John Willis	Asheville NC	904	53	2	40:39.5	40:39.5	
3	Eddie Reece	Pickens SC	831	32	4	41:57.7	41:57.7	

Male Masters Winners

							-----Total-----	
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	
1	Wesley Gurley	Marion NC	841	40	7	43:29.0	43:29.0	

# Jump Off Rock

## Age Group Results

Race Date  
May 13, 2023

10K

### Male 13 to 19

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Bowen McDonald	Carrollton GA	900	16	16	52:20.3	52:21.5	
2	* Nicholas Dziak	Alexander NC	845	13	42	1:02:13.6	1:02:31.4	

### Male 20 to 24

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Jose Espinoza	Hendersonville NC	966	20	11	49:03.8	49:05.6	
2	* Luis Uriostegui	Hendersonville NC	957	21	27	56:49.5	56:49.8	
3	* Trey Shumaker	Lexington SC	921	24	29	57:42.1	57:57.5	
4	Alex Sickles	Holly Springs NC	827	23	74	1:09:15.2	1:09:30.6	

### Male 25 to 29

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Marcus Stover	Asheville NC	922	27	41	1:01:47.4	1:01:58.6	
2	* Joshua Heatherly	Hendersonville NC	923	28	115	1:20:27.0	1:20:52.2	

### Male 30 to 34

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Robert Curtis	Arden NC	975	33	15	52:15.1	52:29.5	
2	* Tyler Jewel	Hendersonville NC	838	31	18	53:33.8	53:42.2	
3	* Jared Sutton	Hendersonville NC	931	34	101	1:15:45.9	1:16:11.0	
4	Ashkon Baharlou	Brooklyn NY	950	30	102	1:16:39.8	1:16:50.3	
5	Lars Holmberg	Apex NC	905	34	105	1:18:59.4	1:19:13.1	

### Male 35 to 39

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Austin Greenwalt	Black Mountain NC	978	35	9	48:56.8	49:01.5	
2	* Jesse Sears	Asheville NC	878	38	13	51:00.2	51:03.0	
3	* Bobby Bradley	Brevard NC	819	38	26	56:46.8	56:52.5	
4	Andrew Alonis	Hendersonville NC	958	36	49	1:03:31.4	1:03:31.4	
5	Kenny Jackson	Clemson SC	825	38	76	1:10:01.6	1:10:08.6	
6	Jacob Eddy	Asheville NC	947	38	83	1:11:42.1	1:12:03.6	
7	Padraic Collins	Asheville NC	971	39	135	1:27:42.2	1:27:42.2	

### Male 40 to 44

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Fred Huscher	Laurel Park NC	867	44	21	54:21.0	54:25.8	
2	* Joel Hatfield	Asheville NC	985	41	33	59:15.5	59:26.3	
3	* Felice Manganiello	Greenville SC	846	43	52	1:04:19.1	1:04:20.1	
4	Everett Lynch	Fletcher NC	902	41	59	1:06:11.5	1:06:21.1	
5	Nate Sawyer	Fletcher NC	901	44	61	1:06:43.6	1:06:52.9	
6	Casey Blanscet	Marshall NC	954	40	98	1:15:27.1	1:15:58.1	
7	Ben Bliss	Waxhaw NC	926	42	113	1:20:20.7	1:20:35.9	

### Male 45 to 49

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* David Pressley	Raleigh NC	979	48	78	1:10:19.3	1:10:26.2	

Race Date  
May 13, 2023

# Jump Off Rock

## Age Group Results

10K

### Male 45 to 49

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
2	* Damian Tody	Hendersonville NC	910	46	96	1:14:57.8	1:15:17.2	
3	* Paul Mayes	Hendersonville NC	973	47	107	1:19:08.7	1:19:19.0	

### Male 50 to 54

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Scott Buntin	Laurel Park NC	982	53	44	1:02:50.6	1:02:56.3	
2	* Rob Rodier	Asheville NC	920	52	58	1:06:03.5	1:06:24.1	
3	* Jonathan Flanigan	Hendersonville NC	897	53	122	1:21:48.8	1:22:12.8	

### Male 55 to 59

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Toshinaga Nakayama	Greensboro NC	835	56	37	1:01:00.0	1:01:19.3	
2	* Brad Bryan	Hendersonville NC	871	57	40	1:01:41.9	1:01:51.9	
3	* Allen Shumaker	LEXINGTON SC	925	59	120	1:21:29.6	1:21:44.5	

### Male 60 to 64

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Andy Rudins	Fletcher NC	877	61	17	52:30.8	52:31.6	
2	* Eric Crapse	Charleston SC	884	62	111	1:19:56.2	1:20:16.6	

### Male 65 to 69

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Mark Wilson	Harrisville NH	822	65	48	1:03:30.6	1:03:53.2	

### Male 70 to 74

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* mike freeman	charlotte NC	912	71	79	1:10:21.9	1:10:31.8	
2	* Steve Evans	Longwood FL	873	74	92	1:13:35.5	1:13:56.6	
3	* John Maltry	Asheville NC	962	71	99	1:15:40.2	1:15:42.7	

### Male 75 to 79

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Ron Cerrotti	Fletcher NC	889	79	60	1:06:32.1	1:06:40.4	